

# **MATRIX-001 Vaginal Insert Use and Adherence Tool: PHASE 1**

Instructions for participants: Use of the vaginal inserts on the scheduled days is very important for the study. Study staff will provide verbal instructions to you. This document will help answer any questions and can be used to help remind you when to use your inserts at home.

Please contact the research staff at **[site phone number]** for study related questions/concerns.

**Scheduled days to use the vaginal insert at home** (*clinical staff to complete*):

<b>Dose</b>	<b>Location</b>	<b>Day of Week</b>	<b>Date</b>	<b>Time inserted (Same time each day— Remember the time)</b>
2	At home			
3	At home			

## **How do I use the vaginal insert?**

- Use one vaginal insert at home on the days indicated above
- Clean/Wash (with soap and water) and thoroughly dry your hands
- Insert into vagina as per instructions received at the clinic
- Insert at approximately the same time every day—REMEMBER THE TIME
- Time the dose around a routine daily activity (e.g. brushing your teeth)
- Set an alarm as a reminder

## **What if I miss a dose at my scheduled time?**

- If you forget a dose, use the insert as soon as you remember but only one per day. Take your next dose as scheduled.
- Notify staff if you completely miss a dose

## **How do I store the inserts?**

- Keep at room temperature in a secure location
- Keep out of the reach of children and pets

## **What if I lose or drop an insert?**

- If you lose or drop an insert and need a replacement, call the study team immediately at **[site phone number]** to get a replacement to avoid missing any doses

## **What if I have an unused dose?**

- You should only have the number of home doses needed
- Should you not use a dose, please return the dose to the clinic staff at your next appointment

## **MATRIX-001 Vaginal Insert Use and Adherence Tool: PHASE 2**

Instructions for participants: Use of the vaginal inserts on the scheduled days is very important for the study. Study staff will provide verbal instructions to you. This document will help answer any questions and can be used to help remind you when to use your inserts at home.

Please contact the research staff at **[site phone number]** for study related questions/concerns.

### **Scheduled days to use the vaginal insert at home** *(clinical staff to complete):*

<b>Dose</b>	<b>Location</b>	<b>Day of Week</b>	<b>Date</b>	<b>Time inserted</b> <i>(Same time every other day—Remember the time)</i>
6	At home			
7	At home			
8	At home			
9	At home			
10	At home			

### **How do I use the vaginal insert?**

- Use one vaginal insert at home on the days indicated above
- Clean/Wash (with soap and water) and thoroughly dry your hands
- Insert into vagina as per instructions received at the clinic
- Insert at approximately the same time of day—REMEMBER THE TIME
- Time the dose around a routine daily activity (e.g. brushing your teeth)
- Set an alarm as a reminder

### **What if I miss a dose at my scheduled time?**

- If you forget a dose, use the insert as soon as you remember but only one per day. Take your next dose as scheduled.
- Notify staff if you completely miss a dose

### **How do I store the inserts?**

- Keep at room temperature in a secure location
- Keep out of the reach of children and pets

### **What if I lose or drop an insert?**

- If you lose or drop an insert and need a replacement, call the study team immediately at **[site phone number]** to get a replacement to avoid missing any doses

### **What if I have an unused dose?**

- You should only have the number of home doses needed

Should you not use a dose, please return the dose to the clinic staff at your next appointment